

Foundations

Self-respect: True or False Game

This game assists with the understanding of proper manners and interacting with others, the idea that how we present our thoughts often carries more weight than the thoughts themselves, and overall proper self-care.

1. Sara is in the pizza store with her friend and gets ketchup all over her white shirt. It's noontime and she has the whole day ahead of her. Should she:

- a. Try to wash it off, knowing that it will still be red
 - b. Call her mom who works an hour away and ask her to bring her a new shirt
 - c. Put on the sweater that she has with her
- i. Answer is 'C'**

2. Devorah's friend Nomi (who always seems to be starting drama and problems) told her that their friend Chaya (who is one of the nicest girls in the class) was saying mean things about her. Should Devorah:

- a. Go over to Chaya and say, "I know you are saying Loshon Hara about me."
 - b. Tell Nomi, "I am uncomfortable with you telling me mean things about my friend. Please don't do that anymore."
 - c. Start saying mean things about Chaya
- i. Answer is 'B'**

3. Sholom is playing with his friend on a 90-degree summer day. After a few hours, he realizes that in an hour he needs to go learn with his chavrusa. Should he:

- a. Go under the hose and wash himself off
 - b. Give himself another 20 minutes to play and then go shower and change
 - c. Keep playing until it's time to leave
- i. Answer is 'B'**

4. Mordy is running to his friend's house and sees a lady with a stroller in front of him blocking his way. Should he:

- a. Stop running, say "excuse me" and wait for her to see him and move
 - b. Try to push past her – there's a small chance he might make it without bumping into the stroller
 - c. Turn around and go a different way
- i. Answer is 'A'**



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5. Shani is cold and her feet are hurting from ice skating yesterday. Should she:

- a. Yell at her brother that she's cold and he should stop what he is doing and get her a blanket
- b. Apologize to her brother for interrupting what he is doing, explain the situation, and ask him if he can please get a blanket for her
- c. Scream and scream until someone asks her what's wrong

i. Answer is 'B'

6. Levi is frustrated that his sister keeps coming in his room when he is trying to count his baseball cards. Should he:

- a. Say, "I know you want to play with me, but I am busy now and feeling frustrated that you keep coming in here."
- b. Throw things at her next time she comes in
- c. Tell her, "I told you a million times that I am busy! Why are you still coming in here?!"

i. Answer is 'A'

7. Avrom's phone rings. When he picks it up should he say:

- a. Hello, who's this?
- b. Hello.
- c. Hello, who do you want to talk too?

i. Answer is 'B'

8. Huvi feels like her teacher should have given her a better mark on her test. What approach do you think would help her the most?

- a. Telling her teacher, "It's not fair - no matter how hard I study you always fail me."
- b. Having her mother call her teacher after school (though she's tried in the past and it has not made a difference)
- c. Approaching her teacher during recess and saying: "I know this was a really hard test. I'm feeling a little disappointed and sad because I spent so long trying to study and I still didn't get a good mark. Is there anything I can do to make up some of the points that I missed?"

i. Answer is 'C'

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Building Our Future Today.

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9. Chaim is so excited for the winter because he can finally wear his favorite sweater again from last year.

When winter finally comes, he sees his sweater is too small on him because he grew since last year. What's the most appropriate thing for Chaim to do?

- a. Tell his mother how he is feeling and ask if she can buy him the same sweater but in a bigger size
- b. Try to force himself into the sweater and see if he can wear it without it ripping
- c. Try to stretch out the sweater so maybe he can still wear it

i. Answer is 'A'

10. Yitzy is running into the pizza store to pick up an order for his mother. He sees there is a long line. Should he:

- a. Weave in and out of all the customers because he's small anyhow and doesn't want to keep his mother waiting.
- b. Wait in line
- c. Go back to his car and explain to his mother that there's a long line and ask her if she wants to wait or come back.

i. Answer is 'C'

11. Lana is sitting on a packed subway train in NY when she sees an older non-Jewish man come on the train holding multiple shopping bags. Should she:

- a. Get up and offer him the seat that she was sitting in
- b. Pretend not to notice
- c. Try to move over and squish the person next to her.

i. Answer is 'A'

12. Esti is feeling hurt b/c her friend told her that she is not going out of town for Shabbos, but then she found out that she did go out of town. Should she:

- a. Stop being friends with her – why be friends with someone who doesn't tell the truth?
- b. Approach her when she comes back and say, "Welcome back! I hope you had a good Shabbos. I was wondering what happened after our conversation on Thursday when you said you weren't going out of town?"
- c. Ignore her when she comes back. She'll probably get the hint and ask Esti what's bothering her. Esti can then tell her how upset she is.

i. Answer is 'B'

