Foundations

Self-respect: True or False Game

Instruction & Supply List

Supplies Needed:

- Attached game scenarios
- · Checks and X's PDF
- 1 pair of scissors

Best for ages 9 and up. The purpose of this game is to help children develop the value of thinking before they react to things and react with dignity and intention.

- 1. Print out the attached PDF which contains 12 different scenarios.
- 2. Print out the PDF with the checks and the X's and cut them out.
- 3. Give each participant one check and one X

Read each scenario and then read the possible answers one by one. After each answer, the participants should raise their X or their check to determine whether they think that is the best way to deal with the scenario, or not.

Note: It may help the participants to hear all 3 options before they choose, and then go over them one by one.

Use this game as a springboard to explore WHY each answer is the most appropriate answer and what the possible flaws are for the remaining incorrect answers.



