

## **Identity Tree Activity**

## Supplies Needed:

- Identity Tree template
- Sample Character Traits list
- An 8 x 10 inch frame
- Coloring supplies and other decorative materials

## Best for ages 9 and up. The purpose of the activity is to assist your child with developing a strong and healthy self-identity.

- 1. Print out the Identity Tree template and Character Traits PDF
- 2. Have your child read the character traits listed and circle the ones that they identify with (up to 12)

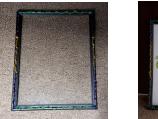
Please note - we have also attached the "List of Strengths" PDF from Elul/Tishrei Foundations, as an additional resource when choosing character traits

3. Have your child write the traits that they circled on the lines on the Identity Tree











4. Use decorative supplies to decorate your frame. Once complete, frame your tree!



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