

Foundations

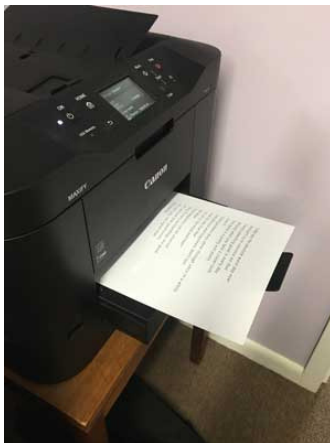
Worst Day Ever?

Supplies Needed:

- "Worst Day Ever" PDF
- 8x10 Frame
- Decorative art supplies:
 - Puff paint
 - Glitter glue
 - Stickers
 - Sequins

Best for ages 9 and up. The purpose of this activity is to help children internalize the impact that perspective and attitude have in life.

1. Print out the "Worst Day Ever" poem and read it with your child.
2. Ask your child to share their thoughts and feelings about the poem.
3. Then, read the poem from the bottom up with your child. Explore with your child the power of perspective.
4. Have your child decorate an 8x10 frame and frame the poem.



Building Our Future Today.