

Foundations

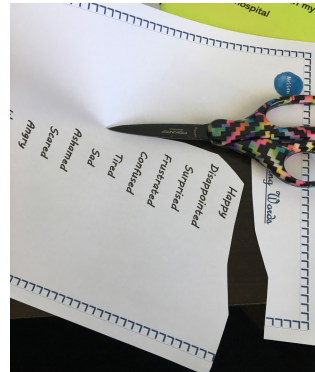
Mixed Emotion Chain

Supplies Needed:

- Foundations 'Feeling Words' template
- Bowl or hat
- Scissors
- A few pieces of colored paper
- Tape or a stapler

Best for ages 3-8. The purpose of this activity is to help solidify your child's newly developed "feelings" vocabulary. This activity is most effective after the table talk for ages 3-8 takes place.

1. Print out the Foundations Feelings Words template and cut out each word separately
2. Fold them up and place them in a bowl/hat.
3. Take a few pieces of colored construction paper and cut out vertical strips to prepare for a paper chain.
4. Take turns picking out a feeling from the bowl/hat and use it in a sentence. Then, write the sentence down on one of the cut-out strips of paper.
5. Once all the words are used, you can put them back in the bowl/hat and begin another round, or, staple all of the strips to make a paper chain. Hang the chain up.



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