

# Foundations

## Awareness Game

**Best for ages 3-8. The purpose of this game is to teach kids at a young age the value of being aware of their surroundings.**

It is important for children to learn the balance of adapting to their environment while maintaining their own identity and value system. Often, children learn the importance of self-identity and not conforming to those with different values, but fail to balance that with social awareness and “reading the room.”

This game is designed to help children take a step back and learn how to assess their surroundings when in a new environment.

**Note - The more participants involved the more exciting the game is.**

### Directions:

- Have a group of people sit in a circle or around a table.
- Send out one of them, prompting them that while they are out of the room, everyone is going to make a slight change to their appearance.
  - *Slight change in hairstyle, move their kippah to a different angle, cross their legs/arms, change seats with one another or any other ideas that the group comes up with*
- When the person comes back into the room, they have 15 seconds to figure out what the change(s) is(are)! If they figure it out within the 15 seconds, they get a point.
- Whoever has the most points at the end of the game, wins.



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