

# Foundations

## Jews Don't Give up Hope

Best for ages 3-8. **The purpose of this conversation is to help children understand that even in times of despair, Jewish people always retain hope and the knowledge that Hashem will take care of them and has a master plan.**

Ask your child to share something disappointing that they've experienced. Explore with them the occurrence that they shared with you. Afterwards, challenge them to try to identify if anything positive happened stemming from this disappointment.

Explore with your child how, often, success will emerge from struggle or perceived failure.

### Sample conversation:

**Parent:** I was thinking about the destruction of the Beis Hamikdash as we prepare for Tisha B'Av and was realizing how amazing it is that the Jewish people are still so strong all these years later. Even when things seem so bad – there is always hope! Can you think of something that happened to you that seemed really bad or disappointing when it happened?

**Child:** Not really. Um, when I fell and got a cast and couldn't color or make projects for a lot of weeks?

**Parent:** That's a great example! Yes, that was really difficult for you and for all of us. Do you remember what you did during that time?

**Child:** Well, I helped you bake a lot in the kitchen and now I know how to make brownies from a box by myself.

**Parent:** Yes! And you help me out every Shabbos with that! So often when things seem bad or sad at the time, we look back at it and realize good things came out of it.

**Continue with the dialogue to help stress that hope that Jewish people always possess.**



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